

MUGELNOOS

OCTOBER 21, 1995

Number 721



SKIING MT. RITTER, MAY 27-29, 1995

BY REINER STENZEL

Seven enthusiastic telemarkers met Sat. 7am at Mammoth Mtn. to ski Mt. Ritter on the Memorial Day weekend. These were Mark Bailey, Duncan Livingston, Peter Mason, Jim Valensi, Ray Smith and his friend Robert, and Reiner Stenzel. The road was still closed beyond the skilifts. Thus, we first skied up to Minaret Summit (9,175'), then down to Agnew Meadows (8,600'), after a minor detour we made it to the bridge crossing the San Joaquin River (8,100'), then ascended past Shadow Lke to Ediza Lke (9,250') where we made basecamp. It was an 8 hour day to cover the 10.5mi, +/-1100', mostly XC route with

cont. P3

THE MUGELNOOS IS A NEWSHEET PUBLISHED BY AND FOR THE SKI MOUNTAINEERS AND ROCK CLIMBING SECTIONS OF THE SIERRA CLUB'S ANGELES CHAPTER SINCE 1938. SEND SUBSCRIPTIONS AND ADDRESS CHANGES TO: PAT HOLLEMAN, 1638 6TH ST., MANHATTAN BEACH, CA. 90266. \$7 PER YEAR DUE IN OCTOBER. SUBSCRIPTION PAYMENTS ARE NOT TAX DEDUCTABLE AS CHARITABLE CONTRIBUTIONS.

MUGELNOOS STAFF

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NEXT MEETING

NOV 20, 1995 7:30 PM GRIFFITH PARK RANGER STATION AUDITORIUM 4730 CRYSTAL SPRINGS DRIVE, LOS ANGELES, CA.

NEXT ISSUE: NOV 20, 1995

ISSUE DEADLINE NOV 10, 1995 ALL PHOTOS, SLIDES, AND ARTICLES SENT TO: ANDY FRIED, MUGELNOOS EDITOR, c/o TEC GROUP, 10727 WHITE OAK AVE. SUITE # 205, GRANADA HILLS, CA 91344. 3 1/2" OR 5 1/4 " DISKS (IBM) OR AT 71237.1270@COMPUSERVE.COM. IF YOU WISH TO HAVE PHOTOS RETURNED AFTER PUBLICATION INCLUDE A SELF ADDRESSED STAMPED ENVELOPE. WE ARE NOT RESPONSIBLE FOR LOST PHOTOS.

UPCOMING TRIPS:

Date	Location	Leaders / Program
Dec 9-10	Mammoth Ski Weekend/ Leader Training	Owen Maloy
Jan 6	Local Intro Tour	Paul Harris, Walt Bogue Asst.
Jan 13	XC Downhill Clinic	Howard Schultz
Jan 20	Mt San Jacinto	Ken Deemer, Pete Matulavich
Jan 26-28	SMS Training Camp	Res. Nonie DeSurra, Mark Goebel
Feb 3	Mt. San Jacinto	Reiner Stenzel
Feb 3-4	Mt. Baldy, San Antonio Hut	Ken Deemer, Mark Goebel
Feb 10-11	Snowshelter Course	Reiner Stenzel
Feb 11	San Jacinto Wilderness Race	Ken Deemer, Don Pies
Feb 17-19	Pear Lake Sequoia NP	Reiner Stenzel, Tom Marsh
Feb 23-25	XC Downhill Clinic	Nancy Gordon, Paul Harris
Mar 2	Mt. Pinos-Abel Traverse	Reiner Stenzel, Howard Schultz
Mar 9-10	Telescope Peak, Death Valley	Reiner Stenzel
Mar 16-17	Rock Creek	Reiner Stenzel

Non SMS Trip ----- Orange County Sierra Singles Rock Creek Backcountry Hut Ski Camp March 8-10

Leader: Keith Martin (310)316-7617 Asst: Donna Specht (714)963-6345
5 mile 1500' gain ski to basecamp at hut with light packs. Snowmobile carries extra tents, food, cooking gear. Touring in Little Lakes Valley. Intermed or better skiers. Beacons recommended. Mandatory premeeting Feb. 26 Cost incl. hut, snowmobile fee, 2 dinners, 2 happy hours, Send \$90 (\$100 non member) check payable OCSS with 2 large sase. H & W phone #, SC#, And Resume of Recent Experience to leader: Keith Martin: P.O. Box 864; Palos Verdes Estates, CA 90274

MUGELNOOS RENEWAL NOTICE!

If you have not renewed your Mugelnoos subscription for the '95-96 season, it is due! Check your mailing label for your current status. To renew, send a check for \$7.00 written to "Mugelnoos" to the Mugelmailer: Pat Holleman, 1638 6th St., Manhattan Beach, CA 90266.

Ski Mountaineers Central Committee

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909 626-1712

Tom McNicholas, San Francisco Bay Section Trip Leader and new Mugelnoos subscriber, has lots of firsthand information on Northern California backcountry skiing especially the Tahoe area huts, if anyone in SMS is interested. Contact Tom McNicholas, 1020 Longridge Rd., Oakland, CA 94610, (510)242-1248. TMMC@CHEVRON.COM

FOR SALE: SZ 10 1/2 SCARPA INVERNOS USED ONCE ON McKINLEY, ONLY ON SNOW. 50 % OFF RETAIL ED NUNEZ (714)644-0527

RITTER CONT.

full packs. Sat eve the clouds drifted around the mountain and we all wished for good weather on Sun for our ski ascent.

We were lucky. On a sunny morning we ascended the broad 35deg chute above Ediza and turned right (North) to gain the glacier on the South side of Ritter. Jim decided to stay back to enjoy the first turns on growing corn snow. The rest ascended a steep gully leading to the Southwest summit slopes where a cold wind greeted us. We were already wondering about our descent on the crusty steep snowfield. But after a relaxed lunch on the summit (13,157') the snow had softened and the fun began. The upper snowfield was a like a long version of Baldy Bowl, followed by a steep chute which was marginally skiable due to various rocks in the way. Then came the main broad chute in the mid section of the mountain. It had the best corn snow the Sierra can offer. We left six sets of telemark tracks on this slope everyone was proud of. Before the steep dropoff we turned South back to the chute leading down to Lake Ediza. At 3pm on a sunny May day the snow on the lower slopes had turned into foot-deep mush. Deep kneebends were necessary for turning. On the 30-40deg slopes each turn released an oozing wet snow avalanche. Since they started slowly we first ignored them. But after a few turns the upper releases had gained speed and caught us from the rear. It is nearly impossible ski through a sliding mass of sticky snow. Separately, three of us had the first-hand experience to ride a few hundred feet down in a river of tumbling wet snow. The danger appeared minimal since there was a good runout and the avalanche depth was 1-2feet. Nevertheless, the adrenaline flows as one tries to stay balanced on a river of rolling big snowballs. Within a few seconds after coming to a halt it was a struggle to get the skis out of the heavy, setting snow. We were totally wet. This experience taught us a valuable lesson: respect the big ones.

After arriving at basecamp four of us decided to pack up and ski out to the San Joaquin river. Then, on Monday we had a shorter distance out via Agnews Mdw, Minaret Summit to the cars at Mammoth. It was my second year skiing Ritter and I again fully enjoyed it, especially in such good company.



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Come learn the turn whose revival has sparked a new interest in skiing.

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Our instruction will give you the means to enjoy more challenging slopes and difficult snow conditions, both in the backcountry and at the ski resorts.

Bear Mountain Telemark Instructors are **certified** and teach a **refined skills progression** that blends the best of nordic and alpine movements.

No other ski school or resort in Southern California offers such a program **seven days a week**.

Save yourself from years of frustrating trial and error.

For a change of pace, a challenge, and lots of fun, come telemark with us.

Daily Group Lessons

- 3-8 guests - 90 minute clinic
- Fewer than 3 guests - 60 minute clinic
- Clinics - midweek - 9:30 a.m. - 1:00 p.m.
- Weekends and holidays - also at 11:00 a.m.

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- The quickest and most effective way to improve your skiing skills.
- Pricing and reservations at Ski School Office. **One Hour • Half Day • All Day**
- Please register at least one hour before class begins.

Special Events.

- **Dec. 2 & 3** Norpine's Telemark Demo Days
- Must Pre-register** • Contact Norpine Mt. Sports

Skiing Clinics (619) 276-1577

- **Nov.** PSIA "Level 1 Exam Prep" Hill Clinic
- 18** PSIA "Skiing through Level 2" Hill Clinic
- **Nov.** PSIA "Level 2 Exam Prep" Hill Clinic
- 19** PSIA "Skiing through Level 1" Hill Clinic

Must Pre-register • Contact PSIA (209) 586-1408

Information

- Ski School Office (909) 585-2519, ext. 231



BEAR
• MOUNTAIN
SKI RESORT

P.O. Box 6812 Big Bear Lake, CA 92315-6812
Phone 909-585-2519 Ext 231 Fax 909-585-6805

REGLUING YOUR SKINS- A LESS STICKY SOLUTION

Mark Goebel

Before the snow flies is a good time to check out your ski gear, and make sure it is in good repair. One item that may require special time consuming attention are your climbing skins. How well were they sticking on your last tour? Were they falling off the tails of your skis, or did they dry out over the summer? They may just need some spot regluing, but if they are not sticking then a complete regluing job is necessary.

Depending upon how clean the old glue surface is, you may be able to stretch the current glue job by adding a little new glue at the tail. However, if the glue surface is not very sticky, or it is dirty, the old glue needs to be removed, and new multiple glue layers added. Getting the old glue off is a very messy project, but trying to add new, multiple even layers is a real art. If not done carefully, and properly, you can easily end up with a less than satisfactory result. Fortunately, there is now a clean, and not very expensive solution. Ascension Enterprises, the Colorado manufacturer of excellent climbing skins, with a super sticky glue, have developed a regluing service that will clean and reglue any skins except Ramer. Last winter, Ascension directed me to mail my skins to Dana Hagenson, P.O. Box 463, Ridgeway, CO 81432, and for \$25.00 plus \$3.00 for return postage, my skins were returned within a week with a new glue surface that was just like new, and so sticky I could hardly peel them apart. For additional information, Ascension Enterprises' phone number is 303 626-5612. This regluing service is also available from Wilson's Eastside Sports in Bishop, phone 619 873-7520.

SUPER LOOP BINDING FAILURES IN THE BACKCOUNTRY

Mark Goebel

If your skis are mounted with Rainey Super Loop metal cable bindings, purchased in the last 2 years, beware, the cables may break with only 10 to 30 days of use. It appears that the cable strength is not sufficient to withstand the stress caused by very stiff boots such as the plastic Scarpa Terminators. SMS members Don Pies and Mark Goebel both experienced broken cables while wearing Terminators. Don broke 2 cables just where they exit the side cable guides while skiing the Selkirks in Canada last April. Fortunately, he was carrying spare cables. My cable broke just minutes from Pear Lake in Sequoia during a rain storm. Mine broke at the toe where the cable exits the binding, the most common failure point according to Rainey. I did not have a spare cable,

but, was able to hold my boot in the binding using a pack strap through the toe of the binding and around the back of my boot. Rainey was very good about replacing the cables, and provided wire to wrap around the cable at the toe stress point. The side guides should be carefully examined for sharp edges and filed if necessary. For 1995-1996, the binding has been redesigned as a front throw binding with a stronger cable, and it is compatible with the Voile release binding. If you continue to use the older model, be sure to carry spare cables or pack straps, or you may be in for a tough walk out. Rainey Designs' phone number is 307 733-0553.

Dear Ostrander Supporter:

We are pleased to announce that the Ostrander Ski Hut will be open for the 1995/96 winter season. The hut was closed last year because of National Park Service (NPS) concerns about the waste disposal system. No permanent solution to the problem has been determined, but the National Park Service has approved the opening of the hut this year on a zero waste discharge basis. This means that all human waste, both liquid and solid, will be collected, then packed out at the end of the season. We plan to use 10-gallon "ammo" cans, similar to those used for rafting trips, for that purpose.

In order to provide for the additional expenses of opening the hut for the coming season, the charge per person/per night will be raised to \$20. The monies collected from the fee will pay for the interim waste system and a number of other propane and water system adjustments that have been requested by the NPS. If there are any surplus funds, they will be dedicated to the construction of the permanent waste system for Ostrander that is still in the design stages.

We appreciate all the interest and concern that Ostrander users have expressed in the last year. May the coming season be a snowy one.

Sincerely,
Steven P. Medley,
President Yosemite Association

Telemark Demo Days Dec. 2-3 Bear Mountain Ski Resort

Sponsored by Norpine Mountain Sports. Telemark mini-lessons, Drawing for prizes, try out newest equipment, talk to factory reps., earn frequent skier credits. **You must pre-register** with Norpine (619) 276-1577 1022 W. Morena Blvd., San Diego 92110 Cost \$40 per day incl. lift ticket. Bring your own ski equip and safety straps or leashes. (for lessons and between demos).

PSIA-W CLINICS • 1995-96 SKI SEASON

Last season Bear Mountain hosted eight PSIA educational and certification nordic downhill events. This season we welcome you to participate in a number of PSIA events which will be hosted at various ski resorts in Southern California. We also plan on adding track events this season if there are enough people interested. If you want track clinics, please let us know so we can set them up. You can call or write; Denis Yates (213)874-4148 • 3082 Lake Hollywood Dr. LA. CA. 90068.

Educational events can range from any topic, teaching, skier improvement, bumps, powder, etc. You do not need to be a member to attend but must be at least an intermediate skier.

Certification events are for individuals preparing for (exam prep clinics) and taking exams to become nordic ski instructor. You must be a member of PSIA to participate in exam prep clinics and exams.

There are three levels of certification, Levels 1, 2 and 3. Last season eight past Level 1, many whose name you may recognize, congratulations to Craig Allsberry, Nonie de Surra, Nancy Gordon, Mike Howard, Asher (13 year old son of Cindy and Perry Nelson), Rob Rizzardi,, Virgil Talbott and Jim Valensi. Nancy Gordon will be joining the staff at Bear Mtn. this season. welcome aboard.

If you are wondering if an all day skiing and teaching clinic is worth it, ask the people who past their Level 1 and others who took various education clinics last season. Ask them if they are skiing, and enjoying, more challenging slopes and difficult snow conditions, both in the backcountry and at the ski resorts.

Scheduled PSIA-W Calendar

- Nov. 18 • Educational event • "Skiing through Level 2" hill clinic • Bear Mtn., Big Bear, CA.
 - Certification event • Level 1 Exam Prep hill clinic
 - Nov. 19 • Educational event • "Skiing through Level 1" hill clinic • Bear Mtn.
 - Certification event • Level 2 Exam Prep hill clinic
 - Dec. 12-13-14 • Fall Symposium • Three days of educational and certification clinics in both track and hill will be offered. Will be held at Mammoth, CA.
 - Jan. 19 • Educational event • "Teaching Tele to Alpine Skiers" hill clinic • Mt. High.
 - Jan. 20 • Educational event • "Progression development" hill clinic • Bear Mtn.
 - Certification event • Level 1 Exam Prep hill clinic
 - Certification event • Level 1 Exam - hill
 - Jan. 21 • Educational event • "What turn - when, where and why?" hill clinic • Bear Mtn.
 - Certification event • Level 2 Exam Prep hill clinic
 - Certification event • Level 2 Exam - hill
 - Feb. 9 • Educational event • "Tactical skiing" hill clinic • Kratka
- Must Pre-register** • Contact PSIA-W office (209)586-1408.

Maybe Clinics - Dates available

If enough people want more clinics and let us know

Call or write Dennis Yates (213) 874-4148 • 3082 Lake Hollywood Dr. LA. CA. 90068

- Dec. 16 • Educational event • "Skier Improvement" hill clinic
 - Certification event • Level 1 Exam Prep hill clinic
- Dec. 17 • Educational event • "Teaching Progression" hill clinic
 - Certification event • Level 2 Exam Prep hill clinic
- ?????? • Track Clinics
- Jan. 26 • Educational event • Hill clinic
- ?????? • Track Clinics
- Feb. 10 • Educational event • Hill clinic
 - Certification event • Level 1 Exam - hill
- Feb. 11 • Educational event • Hill clinic
 - Certification event • Level 2 Exam - hill
- Feb. 23 • Educational event • Hill clinic
- ?????? • Track Clinics

If you have any questions, please call us.

"Free the Heel, Free the Mind"

Dennis Yates & Joseph McCoy, Telemark instructor, Bear Mountain
Private and group lesson offered seven days a week

YOSEMITE WINTER BUS TRIP

PRESIDENT'S DAY WEEKEND

FEB 16-19

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- * Loaf

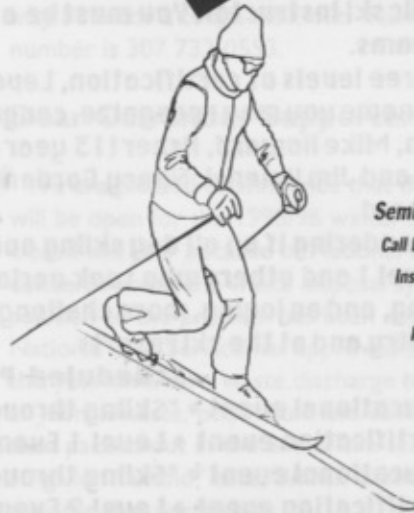
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2 persons per room - 2 beds, bath
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Entrance fees, treats included

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(310) 433-5577

Send 2 self addressed
stamped envelopes plus
check and Sierra Club number

Telemark And Nordic Downhill Instruction (In The Local Mountains)



Private or
Semi-Private Lessons

Call Dennis for information

Instructor: Dennis Yates:
(213) 874-4148

Kratka Ridge Ski Area:
(818) 440-9749

24 Hr. Snow Report:
(818) 449-1749

Kratka Ridge Ski Area

Operating Under Special Use Permit, US Forest Service, U.S.D.A.

THE MUGELNOOS

Pat Holleman
1638 6th St.
Manhattan Beach, Ca 90266



SUPER LOOP BINDINGS FAILURES IN THE

If your skis are mounted with Ransy Super
cable bindings, purchased in the last 2 years,
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Richard L. Henke
652 Marine Ave.
Manhattan Beach, CA 90266
SMS RCS-R 1995