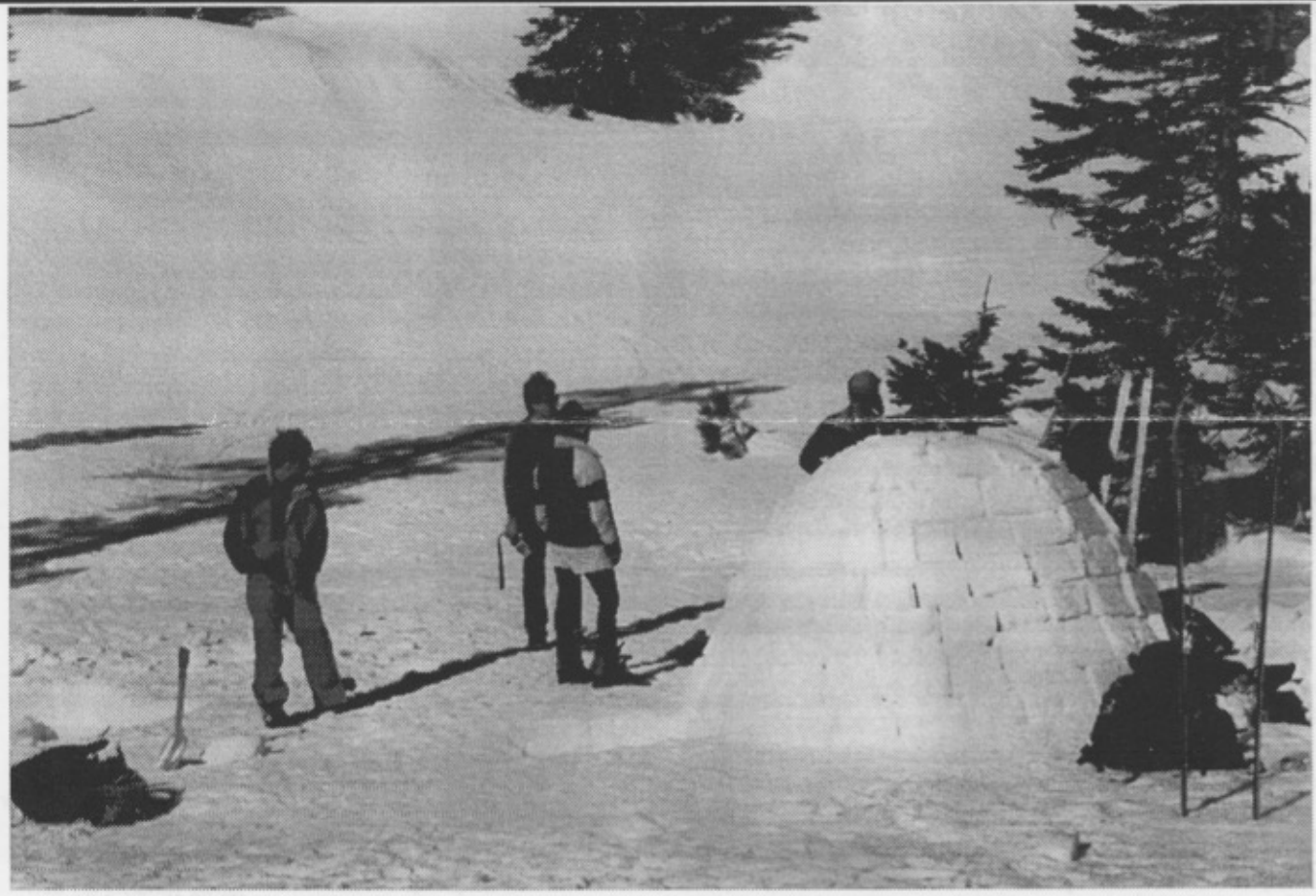


RLH 3/95

# MUGELNOOS

MARCH, 21 1995

Number 717



### SNOW SHELTER CLASS 1995

BY LEIGH BROUSSARD

**BRING METAL EDGED SKIS, SKINS, SHOVELS, SAWS NO TENTS. IS THIS A TRIP I WANT TO GO ON? I HAVE ALWAYS WANTED TO SNOW CAMP. BUT WITHOUT A TENT? MY SON HAD BUILT SNOW CAVES SINCE HE WAS LITTLE WHENEVER WE SPENT MORE THAN A DAY WHERE THERE WAS DEEP SNOW. I HAD ALWAYS BEEN TEMPTED TO SPEND THE NIGHT IN ONE OF THESE CAVES. ALAS, I WOULD GET MY CHANCE. REINER HAD THE FORESIGHT TO SEND EACH PARTICIPANT A PRINTOUT OF THE DEFINITION AND DESCRIPTION OF VARIOUS TYPES OF SNOW SHELTERS. THIS INFORMATION WAS HELPFUL AND VERY INTERESTING. IF ALL ELSE FAILS AND IGLOO CONSTRUCTION AND SNOW CAVE BUILDING**

Cont. page 3

**THE MUGELNOOS** IS A NEWSHEET PUBLISHED BY AND FOR THE SKI MOUNTAINEERS AND ROCK CLIMBING SECTIONS OF THE SIERRA CLUB'S ANGELES CHAPTER SINCE 1938. SEND SUBSCRIPTIONS AND ADDRESS CHANGES TO: PAT HOLLEMAN, 1638 6TH ST., MANHATTAN BEACH, CA. 90266. \$7 PER YEAR DUE IN OCTOBER. SUBSCRIPTION PAYMENTS ARE NOT TAX DEDUCTIBLE AS CHARITABLE CONTRIBUTIONS.

**MUGELNOOS STAFF**

EDITOR ANDY FRIED  
 MUGELPRINTER ANDY FRIED  
 MUGELMAILER PAT HOLLEMAN

**NEXT MEETING**

APRIL 18, 1995 7:30 PM GRIFFITH PARK RANGER STATION AUDITORIUM 4730 CRYSTAL SPRINGS DRIVE, LOS ANGELES, CA.

**NEXT ISSUE: APRIL 18, 1995**

ISSUE DEADLINE APRIL 11, 1995 ALL PHOTOS, SLIDES, AND ARTICLES SENT TO: ANDY FRIED, MUGELNOOS EDITOR, c/o TEC GROUP, 10727 WHITE OAK AVE. SUITE # 205, GRANADA HILLS, CA 91344. 3 1/2" OR 5 1/4 " DISKS (IBM) OR AT 71237.1270@COMPUSERVE.COM. IF YOU WISH TO HAVE PHOTOS RETURNED AFTER PUBLICATION INCLUDE A SELF ADDRESSED STAMPED ENVELOPE. WE ARE NOT RESPONSIBLE FOR LOST PHOTOS.

**UPCOMING TRIPS:**

Date	Location	Leaders / Program
Mar 25-26	Avalanch Course Sherwin Bowl	N. Gordon, H. Schultz
April 1-2	Jump turn Clinic Mammoth	C. Dostie, H. Schultz
April 8-9	Onion Valley Car Camp	T. Marsh, H. Schultz
April 22-23	Day Tours Mammoth Lakes	P. Harris, N. Gordon
April 29-30	Pear Lake Snow Camp	M. Goebel, G. Holleman
May 5-6	Rock Creek, Treasure Lake	K. Deemer, R. Stenzel
May 13-14	Ski Mountaineers Pk	G. Hollman, P. Harris
May 27-29	Mt. Ritter/Banner Ski Camp	R. Stenzel, K. Deemer

**SCHEDULED MONTHLY MEETING SPEAKERS**

Tues. April 18 Tentative: Celebrating SMS's 60th Anniversary Old Videos/ Movies/ and open slide night (Bring your 10 best ski/snow slides, prints or vidios to show).

**Backcountry skiers needed to help explore US Forest land. Help create a touring and hut system NE of Jackson Hole, Wyoming. This region has rarely been skied so first time tours and routes will be done. Three camps will be set up for 10-14 days each, with increasing skill level required. March 9-19 is advanced beginner touring, skins are required. March 22-April 6 is intermediate terrain, April 10-23 is most remote and more advanced. Some donation of food (lunches, fruit, vegies, bread, liquor) is your only expense once having arrived on the ranch. Must bring your own backcountry equipment. Shelter, heat, stoves are provided and transportation most of the way to the camp via snowmachine. Must be in excellent aerobic condition as much terrain needs to be skied. Call ASAP if you are even vaguely considering. Marcia or Shirley 307-733-3435.**

Marcia Male

Ski Mountaineers Central Committee  
 Chair -Ken Deemer Vice Chair- Nancy Gordon  
 Outings/Safetey Howard Schultz Sec.\Treas-Mark Goebel  
 Programs- Dana Pearce Mugelnoos Editor- Andy Fried

**Ski Mountaineer Leaders**

- Walt Boge  
13260 Cumpston Street  
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818 781-4576
- Kathy Crandall  
11552 Wish Avenue  
Granada Hills 91344  
818 363-4677 or 363-0590
- Ken Deemer  
1725 Pine Avenue  
Manhattan Beach 90266  
310 546-4012
- Craig Dostie  
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- Owen Maloy  
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310 454-9787
- Larry Tidball  
1400 W. Edgehill Road, #14  
San Bernardino 92405  
909 882-6168
- Todd Yuen  
10635 Lynn Circle  
Cypress 90630  
714 220-2599

Edna Rey has moved to 120 E. Mallard DR #206, Bosie, ID 83706 (208) 383-0691. She asks that if any SMS folks are planning a trip to Idaho, let her know.

## SNOW CONT.



Snow Cave Mt. Baldy

was a bust we could always sleep in a snow trench," ugh".

My anticipation was that we would drive to a place where there was snow. Ski with our packs on a mile or two, then begin building snow shelters and be snug in our bags before dark. Which is what we sort of did. The mile or two was a hike with an elevation gain of about 3,000 ft. We arrived at the San Antonio hut for lunch and fresh water, a treat for those of us who had never venture to the monument to SMS on the mountain.

Next we skied(traveled with skis and skins) with our packs on up the steep wall of the Baldy bowl. Quite a feat for someone not yet accustomed to skiing with a 35 lb pack. Thanks to the help of Howard I made it up the steep icy slope (he most graciously relieved me of my pack for the last quarter mile).

When I arrived at the top of the ridge my other nine companions were all busy building. Most were building igloos. My companion and a new friend were digging into the hillside to create a snow cave. Reiner was half way finished with his next to perfection igloo, Howard was very calmly going about setting to work on his igloo. Another trio was beginning a larger igloo. Others were setting out the foundations for single and double person igloos.

We were blessed with a beautiful day. The view from the top of the ridge was of the top side of the clouds covering L.A. While the sun was out it was hard to imagine anyone having a problem with the cold. At about 4:00 the shadows had covered the top of the ridge and the wind began to blow. My friend Susan, who had been digging vigorously into the side of a mountain of snow for two hours, began to show signs of fatigue(ie hypothermia). Again Howard to the rescue. He made sure she changed her clothes and had something warm inside her boots and suggested we finish his igloo and he finish our snow cave. We took him up on the offer

Just after dark most snow shelters were as finished as they were going to be finished and people began to prepare for the night. Except for the trio building the big igloo. Tanney, Mike and Craig worked in good humor into the night. By their account they finished at about 10:30. It was a sight to behold.

In the morning all appeared to have survived the night and were ready for a day of skiing the bowl, ascending the peak or booting it down the hill. To each their own. Thank you both Howard and Reiner for a great adventure and a safe trip.

## ARC DOME SKI DESCENT

by Rich Henke

In central Nevada, northeast of Bishop, the Toiyabe Range rises out of the Great Basin. This range extends close to 100 miles in a north-south direction and looked like the most promising line for a long ski tour.

In February 1995, Alois Smrz and I drove 475 miles from L.A. through Bishop and Tonopah to finally reach a small spot on the map near Kingston, Nevada. Here we met Armando Menocal who had driven from Truckie. After leaving Armando's car at a spot where we would finish our tour, we drove to the South Twin Trailhead just north of a small town called Carvers.

We began walking along the deep South Twin River Gorge at an elevation of about 6,000 ft.. It became immediately apparent why our inquiries had not identified any prior ski trips to this area. Over the next 4 hours, we made 17 stream crossings before the canyon opened up allowing easier going. However, we did manage to do all these crossings without getting wet! That night we camped at 8,500 feet, enjoyed a beautiful sunset, and could see Arc Dome which was our destination for the following day.

Arc Dome was the high point of the tour, an 11,775 ft. peak which dominates the southern end of the Toiyabe Range. It is the centerpiece of the Arc Dome Wildemess area, in a state with little wildemess. We skied all the way to the summit via the smooth north slope. The subsequent ski descent was possibly a first descent; certainly not many had preceded us.

From Arc Dome, we could see miles to the north. The ski route was an obvious line along a high ridge that stayed at an elevation of above 10,000 ft. for 40 miles to Kingston. Later that day a communication mistake resulted in us becoming separated and we had to descend toward the west to get back together. This delay, coupled with a light storm that night, caused us to change our plans and end the trip on day 3 by continuing west to Columbine Campground and eventually to the town of Reese River. We got a ride back to our car with a woman who lived on the Shoshone Indian Reservation at Reese River and learned all about local Indian affairs. We also benefited from her hospitality; she spent 3 hours of her evening helping us to get back to our car.

cont. page 5



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- PSIA "Level 1 Teaching" Clinic  
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- PSIA "Teaching Progressions" Clinic  
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- PSIA "Ski Improvement" Clinic  
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Arc Dome cont.

Although we did not accomplish our original objective, the ski up Arc Dome was exhilarating and rewarding. Local people, including the rangers at Tonopah could not recall ever seeing anyone ski here before, although people have done winter travel by snowshoes. Our experience was a positive one and in addition to this tour, other central Nevada mountains await.

**MILESTONES IN SKIING**

There are some events that's occurred in my skiing experience that I've found entertaining. These nordic downhill "milestones" were revealing to me and gave me comfort that while progress seemed so slow, there was definitely progress. Your milestones may not occur in this order, and you may have many more or many less in your quest for the perfect run.

NOTE: This list is for entertainment value only. Do not use as a rating system or attempt this at home!

- I linked 5 turns without falling.
- I made a run without falling.
- I made a run without stopping.
- It's the last day of the season and my thighs finally don't burn.
- I'm not the last one my ski partners are waiting for.
- I have two different tele turns I can choose from.
- It's ok to be in the fall-line.
- I can chew gum and ski at the same time.
- I can parallel.
- I skied 5 bumps without falling or stopping.
- I'm waiting for the last one in our group, remembering what it was like to be the last one.
- I skied down fast enough that my ears popped from the altitude change.
- I can chew gum and fall at the same time without biting my tongue.
- I skied the bumps without thinking about each turn.
- I can really parallel now. I only thought I could before.
- I got accidental air off a jump and landed P-tex side down.
- The fall-line is the fun-line.
- I skied steep bumps with a variety of turns without thinking about which turn to use.
- I paralleled the bumps.
- Skiing the trees is fun.
- I can dynamic parallel now. I was paralleling before, but !!! OH BOY !!! is this more fun!
- Jumps are fun.
- I just transferred my dynamic parallel skills to my tele. !!! OH BOY !!! is this more fun!
- I'm sure there's plenty more fun on the way. Cowabunga! - Todd Yuen, Nordic Pro -

**Meeting Notice**

SCMA general meetings are held the second Tuesday of odd-numbered months, at 7:30pm in the Crystal Springs Ranger Station Auditorium, Griffith Park. Except in odd-numbered years when the first quarter moon falls on the last Sunday before the second Tuesday of the month, in which case the meeting is then held on the second Monday. This occurs twice in 1995: in January and again in May. Therefore, the next general meeting will be on Monday, May 8. Refreshments will be served, if you bring them.

**PROGRAM FOR MONDAY, MAY 8  
GENERAL MEETING  
SCMA**

The Land of Up and Down

by **Nick Clinch**, Honorary SCMA member

Nick Clinch may be best known to many SCMA and RCS members for his creativity in avoiding The Purge. One year he was forced to plead for mercy after not getting in his four climbs due to some sort of vacation at a mellow-sounding place called Broad Peak. Another year, he was saved from certain purge by a letter that he says was fraudulently submitted in his name. However, between his years of dodging The Purge, he has managed to do one or two interesting things. Among them were four trips to the unexplored Kang Karpo Range in Tibet from 1988 to 1993, the subject of this program. -NJ

**Jump Turn Clinic  
April 1-2, 1995  
at Mammoth Mountain**

Craig Dostie and Howard Schultz will be offering classes on advanced ski technique at Mammoth Mountain April 1-2. The goal is for participants to be able to handle steep terrain with more confidence. Basic balance, speed, parallel turns, and jump turns will be covered. Due to the incognito nature of this class, class sizes will be limited to 4 people each per session. Four sessions will be offered on Saturday, three on Sunday. Each session will meet every other hour at the bottom of Chair 22 (easily accessed from parking at Warming Hut II, Chair 15, Chair 4, and Chair 10) starting at 9am. We will cater to the following abilities as follows.

Time	Date	Skill Level
9am	4/1	Advanced
11am	4/1	Adv-Intermediate
1pm	4/1	Intermediate
3pm	4/1	Expert
9am	4/2	Advanced
11am	4/2	Adv-Intermediate
1pm	4/2	Expert

Not sure what level you are? Expert level skiers can ski runs like Wipe Out and Drop Out (Ch. 23) or the Avy Chutes (Ch. 22). Advanced skiers can handle runs like Cornice, Climax, or Daves Run off the top. Advanced Intermediate skiers can handle runs like the face of Ch. 5, or 3, and can deal with bumps, but don't relish them. Intermediate skiers can handle groomed runs well, but get thrown easily by bumps.


For those who would like to coordinate community lodging for the weekend, contact Howard Schultz at 310-391-7711.

To prepare for this weekend of intensive skiing you should ski alot, or do dry land exercises like jumping rope, or running to get your aerobic and dynamic capacity up.

To register, contact Howard Schultz (Note: as of 3/14 6 people had already registered). For last minute changes, send a note to Craig Dostie with a FAX number where you can be notified March 30th.



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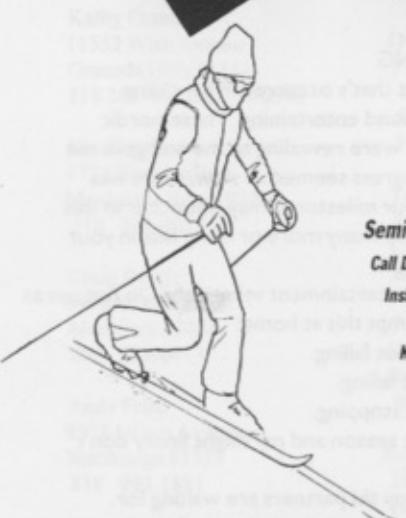
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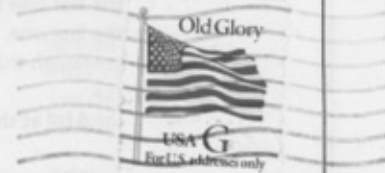
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